



**PALOS**  
H E A L T H

**REHABILITATION**

**Physical Therapy | Occupational Therapy | Speech Pathology**

*Specialty programs for all your needs...*

- Aquatic Therapy
- Balance/Vestibular Therapy
- Swallowing Issues
- Voice Problems
- LSVT/Loud for Parkinson's
- Cognitive & Communication Concerns
- Lymphedema
- Pelvic Floor Rehab
- Cancer Rehabilitation
- Neurological Conditions
- Sports Rehabilitation
- Spine and Back Pain Concerns
- Hand Therapy

*Why choose Palos Rehabilitation?*

**Licensed therapists**

- All care is provided by licensed clinicians (not aides, techs or personal trainers)
- Provide evidence-based, up-to-date care, current with best practices
- Advanced certifications and specialties for your precise needs

**Individualized, one-on-one time with the experts**

- No sharing of appointment times allows dedicated time for you
- Trained eyes are constantly evaluating your postures and movements
- All your questions are answered and return to function is optimized

*Convenient locations close to home*

**Palos Hospital**

12251 South 80th Avenue | Palos Heights, IL 60463 | 708.923.5050

Monday-Thursday: 7am-7pm | Friday: 7am-5pm

**Palos Health South Campus at Orland Park Health & Fitness Center**

15430 West Avenue | Orland Park, IL 60462 | 708.460.5494

Monday-Thursday: 7am-8pm | Friday: 7am-6pm | Saturday: 8am-noon