

Adult Day Care

Alvernia Manor
13950 Main St.
Lemont, IL 60439
(630) 257-7721
Fax (630) 257-0338
Website: www.alverniamanor.org

Among Friends
13333 S. Cicero
Crestwood, IL 60445
(708) 396-2345
Fax: (708) 389-0274

Among Friends
18430 S. Halsted
Glenwood, IL 60425 (708)
755-2345

Autumn Country Club
107 N Reed St
Joliet, IL 60435
(815) 730-0060
Fax: (815) 741-0943
Website: www.autumnaduldaycare.com

Cardinal Adult Day Care Center
7040 Centennial Dr
Tinley Park, IL 60477
(708) 444-7463

Ecumenical Adult Day Care
305 W. Jackson
Naperville, IL 60540
(630) 357-8166
Fax: (630) 357-3260
(Formerly listed as "Day Care of
Naperville")

Franciscan Village
1270 Village Dr
Lemont, IL 60439
(630) 243-3500

Heart to Heart Services
Senior Day Care
15851 Parkhill Dr.
Orland Park, IL 60462
(708) 403-9760
(708) 403-9763
www.hthssdc.com

Holistic Day Care
Outreach
11722 S. Western
Chicago 773-429-0296

Independent Days Adult Care Center
1941 Ridge Rd. Homewood, IL 60430
(708) 206-1430
Fax: (708) 206-0286

Little Company of Mary Adult
Day Care Center
2800 W. 87th St., Chicago
(773) 863-7575
Fax: (773) 863-7548

The Catholic Charities
Accolade Adult Day Care
112 S. Humphrey
Oak Park, IL 60302
708-445-1300

The Seniors Club
9648 S. Pulaski
Oak Lawn, IL 60453
708-636-5600

The Seniors Club
7040 Centennial Dr
Tinley Park, IL 60477
708-444-7463

West Suburban Senior Services
OARS Center
712 E. Elm Ave
Lagrange, IL 60525
708-491-4210

St Paul Lutheran Church
4660 W 94th St
Oak Lawn, IL
708-423-1040

Christian Single Helpmate Groups
14700 S. 94th Ave
Orland Park, IL
708-349-0431
Meetings open to any single person
Who has experienced the loss of a
loved one through death, divorce
or separation. Weekly meetings:
1st Thurs every month 6:30pm

Coffee and Comfort
Orland Park, IL
708-460-1392
Self-help group for mothers who
have experienced the death of a child
of any age for any reason. Meets 4th
Wed of each month

Counseling & Mental Health

Bereavement

Center for Family Ministry
Diocese of Joliet
16555 Weber Rd
Crest Hill, IL 60403
815-838-5334

Dupage Metropolitan
Home Visits
222 E. Willow Ave
Wheaton, IL 60187
630-784-4800

Grand Prairie Services
19530 Governors Hwy
Flossmoor, IL
708-206-2477
15406 Lexington Ave
Harvey, IL
708-596-5900
450 Lincoln Hwy
Chicago Heights, IL
708-503-9670

Ingalls Home Health
Care and Hospice
(708) 331-1360
Fax: (708) 915-2749

Heartland Memorial Center
7151 W. 183rd St.
Tinley Park, IL
(708) 444-2266

Joyful Again Widowed Ministry Program
(708) 354-7211
LaGrange Park, IL
Fax: (708) 354-7519

Chicago Institute for Psychoanalysis
(312) 922-7474

Little Company of Mary Hospital
2800 W. 95th St.
Evergreen Park, IL
Living when a loved one has died
(708) 229-5480
Fax: (708) 422-2212

Loving Outreach to Survivors of a Suicide
(LOSS) Chicago (312)
655-7283
www.catholiccharities.net

Palos Community Hospital
Bereavement Education Series
12251 S. 80th Ave.
Palos Heights, IL 60463
(708) 923-4840 – Social Service

Palos Community Hospital Hospice
Conversation & Comfort
(630) 257-1111
An informal bereavement group for adults
2nd and 4th Tuesday of the month

St. George Church
6707 W. 175th St.
Tinley Park, IL 60477
(708) 532-2243

St. Michaels Church
14327 S. Highland
Orland Park, IL
(708) 349-0903
Support group for social, psychological
and religious support in a non-
denominational setting.

Will County Mental Health
(815) 727-8521

AA Central
(312) 346-1475

Community Center Foundations
(708) 361-3650 Male alcoholic
residential treatment center; Al-Anon
and Alateen groups, summer camp
programs for children.

Community Counseling & Wellness Center
(708) 597-0032 – Midlothian - Family,
marriage counseling, adolescent
counseling, play therapy, emergency crisis
intervention.

Crisis Center for South Suburbia
(708) 429-7233 Short-term residential
shelter for abused battered women and
children. Women's support group, batterers
group (men), children's communication
group, responsive parent group and legal
counseling. No fees

Guildhaus – Contact: Fred
(708) 385-3228 - Blue Island, IL 60406
Halfway House - No detox

Haymarket Center
(312) 226-7984
932 W. Washington Blvd., Chicago, IL
Detox, inpatient, outpatient, public aid

Ingalls Memorial Hospital
(708) 333-2300
Adult inpatient psych and detox
Gero-Psych Unit
Adult intensive outpatient psych
Adult intensive outpatient substance abuse -
24-hour admission

Little Company of Mary Hospital
(708) 422-0110 or (877) 422-0110 Adult
psych services, chemical dependency,
dual diagnosis program

Lutheran Social Service
9847) 635-4600
Family, individual, marital and couples
counseling. Home care, adult day care and
senior housing.

Metropolitan Family Services Southwest
Cook
(708) 371-5170 - Blue Island
(708) 974-2300 - Palos Hills Family, marital
and individual counseling group therapy and
psychiatric services. Parent training groups.
Available to families in Orland, Palos and
Worth townships. Sliding fee scales

Narcotics Anonymous
(708) 848-4884 Fax:
(708) 450-1885
www.chicagona.org

Oak Lawn Family Services
(708) 423-3361
Adult, family, individual counseling
ETOH and drug

Palos Community Hospital
(708) 460-2721 Inpatient mental health
and chemical dependency; partial
hospital program; outpatient
psychotherapy; marital and family
therapy; outpatient chemical
dependency; dual diagnosis treatment;
mental health and alcohol screening.

Palos Behavioral Health Professionals
(708) 923-7878
Behavioral health services for adults,
adolescents and children.

Serenity House of Naperville
Substance abuse services
Halfway House - Specializing in women
(630) 620-6616

South Suburban Area YMCA
(708) 331-6500 - Harvey
Legal and divorce counseling for women,
group counseling for children of divorced
parents. Career development center,
crisis line for victims of rape, incest and
battered women.

South Suburban Council on Alcoholism
(708) 647-3333 - East Hazelcrest

South Suburban Family Shelter
(708) 798-7737 - Homewood
Comprehensive, coordinated services to
families in which domestic violence exists.
www.ssfs1.org

Stepping Stones
(815) 744-4555
815-722-3344 Crisis Line
1621 Theodore St., Joliet
8 a.m. - 4:30 p.m. Mon-Fri
Substance abuse services
Inpatient, outpatient, halfway houses,
public aid, central intake department

Crisis Intervention

AIDS Foundation of Chicago
(312) 922-2322
Info and referral for providers
www.aidschicago.org

Catholic Charities of Chicago
(312) 655-7700 HIV/AIDS education,
housing, burial arrangements, case
management, homemaker
services/personal care; also can provide
info for testing, counseling sites,
specialized support groups and
volunteer services.

HALFWAY HOUSES & SUBSTANCES ABUSE

Chicago Department of Health
(testing) (312) 747-9884
www.cityofchicago.org

Crisis Center for South Suburbia
(708) 429-7233
Short-term residential shelter for abused battered women and children. Women's support group, batterers group (men), children's communication group, responsive parent group and legal counseling. No fees.

DuPage County Department of Health
(630) 682-7400
www.dupagecountyhealth.org

Howard Brown Health
(773) 388-1600
www.howardbrown.org

National AIDS Information
Clearinghouse
(800) 458-5231
www.cdcnpi.org

Will County Crisis Line
(815) 744-5280

Disabled Services

Advocare Home Referral Center
(800) 564-2025
Fax: (630) 368-5930

Assistech
Hearing, visual and mobility products
(866) 674-3549
www.assistivedevices.net

Captioned Films for the
Deaf (800) 237-6213
www.cfv.org

Chicago Legal Clinic
448 Ontario, Cook County Chicago, IL
(773) 731-1762
Provides low cost legal services to eligible persons with disabilities

Coalition of Citizens with Disabilities in
Illinois
(800) 433-8848
www.ccdionline.org

Hitec Devices
Hearing, vision and speech
products (800) 288-8303
www.hitec.com

Illinois Department of Public
Health Hearing Impaired Hotline
(800) 547-0466

Illinois Department of Rehabilitation Devices
100 W. Randolph, Chicago, IL 60601 (312)
814-2934 or (800) 843-6154

Illinois Secretary of State
Handicapped Parking Application (800)
252-2904 www.cyberdriveillinois.com

Independent Living Aids, Inc.
Products for the visually impaired (800)
537-2118 www.independentliving.com

National Library Services for the Blind and
Physically Handicapped
(888) 657-7323
A national library service that provides
braille and recorded books and magazines
on free loan to anyone who cannot read
standard printing because of visual or
physical disabilities

Orland Township
Phone amplifiers, nurse's closet and health
screenings
(708) 403-4222

Sertoma Speech & Hearing Center
Palos Hills
(708) 599-9500
Romeoville (630) 633-
5060
www.seratomacenter.org

Southwest Community Services
(708) 429-1260
Social, vocational, and emotional services
for developmentally disabled.
www.swcsinc.org

Will-Grundy Center for Independent Living
(815) 729-0162 www.will-grundycil.org

Suburban Access Inc. (708) 799-9190
Case coordination and management for
developmentally disabled persons in the
south suburban area www.suburban-access.org

Financial Assistance

Department of Human Services

Calumet Park (60827-60655) (773) 660-
4700

Blue Island
3301 Wireton Rd., 60406 (708) 293-
4700

Roseland, 60628 (773) 660-
7000

Westlake 2701 W. Lake St.

Melrose Park, 60160
(Stickney Township) (708) 338-
7600

60638 Area 5323 S. Western
Ave. Chicago, 60609
(773) 918-6700

Salvation Army

Bridgeview
(708) 222-0177

Chicago Heights (708) 333-
8379

Oak Lawn
(708) 222-0177

Oak Forest
(708) 633-5040

Main Office
(773) 725-1100

Justice
773-205-3521

Health & Pharmacies

ASSISTIVE DEVICES

Orthotics & Prosthetics

Hanger Clinic
(630) 986-0007 - Burr Ridge
Fax: (630) 986-0151
Joliet - (815) 744-9944

Hanger Prosthetics & Orthotics
Aurora: (630) 820-5656
Fax: (630) 820-5673
Chicago Heights - (708) 755-2200
Fax: (708) 755-9619 Crestwood: (708)
371-9999
Fax: (708) 371-8049 Hazel Crest:
(708) 957-0240
Fax: (708) 957-4836 Joliet: (815)
744-9944
Fax: (815) 744-0366 Orland Park:
(708) 364-1570
Fax: (708) 364-1568
OakBrook Terrace: (630) 620-5333 Fax:
(630) 620-0765

Scooters/Power Wheelchairs

Hoveround Corp (800) 771-
6565 www.hoveround.com

Stair Lifts
Mobility Systems (708) 599-
3500

Car Lifts
Home Access
(708) 251-2519

Durable Medical Equipment & Supplies
***Contracted with Hospice**

A D Medical Supply
(Central Products)
(773) 292-1940 Fax:
(773) 292-1939
(888) 785-7370

*Advacare
(888) 233-7677 Fax: (773)
304-9996
www.advacaresystems.com
m

Advocate
(800) 564-2025 Fax:
(630) 368-5930

Coram Health Care
(800) 520-7785

Apria
(708) 597-7079 - Crestwood Branch

(630) 369-2273 - Naperville Branch
www.apria.com

*Denson's
(630) 668-1180 Fax: (630)
668-1184
www.densonspharmacy.com
m

Doubeks
(708) 293-1122 - Alsip, IL
Fax: (708) 293-1144
(800) 368-2358
www.doubekmedical.com

Fitzsimmons
(708) 532-1199 – Tinley Park, IL Fax:
(708) 532-4411

Hill-Rom Airway Clearance Vest
(800) 426-4224

Home Medical Express
(630) 530-9777
Fax: (630) 832-9777

KCI
(800) 275-4524
Fax: (888) 245-2295

Lake Medical Diabetic Supply
@ Doubek Pharmacy (708) 448-
4466

Lincare
(800) 965-2689 Fax: (800) 473-0578
Crestwood: (708) 597-2400
Fax: (708) 597-9400 Downers Grove:
(630) 960-9933
Fax: (630) 725-1369 Lombard: (630)
953-2739 Fax: (630) 953-2785
www.lincare.com

Little Company of Mary Hospital
(708) 422-6200 - Oak Lawn, IL
www.lcmh.org

MacNeal Hospital
(708) 783-9100 Fax: (708)
783-2102 www.macneal.com

MedServe DME
(847) 359-4607 Fax: (847)
359-4650 www.medserv.com

Option Care/Walgreens
(800) 551-9355 Fax: (630) 616-8468
Fax for labs: (630) 616-0271
www.Walgreenshealth.com

Orbit Medical
(800) 403-9610 (800) 430-0539
www.orbitmedical.com

Pacific Pharmacy
(708) 599- 7339 - Bridgeview, IL
(866) 233-9480 Fax: (708)
599-7399 www.ppsc.com

Prism
(800) 493-7200
Fax: (847) 310-4735

Vandenberg Med-Tech Equipment
(708) 532-7050 - Tinley Park, IL
(888) 560-9500 Fax: (708) 532 -2676
www.vandenbergmt.com

Drugs & Pharmaceuticals

Barcus
(708) 425-2400 - Oak Lawn
Delivery Fee

Doubek
(708) 293-1122 (800)
368-2358

Evergreen
(708) 423-4700

Hills Drug Primary Care 15300
West Ave, Orland Park 708-
226-9840 – Palos Heights
708-974-4141 – Justice 708-
594-3000

Enclara Pharmacia
(877) 882-7820 or
(800) 810-0887
Hours of Service M-F 9:30
a.m. - 10 p.m. CST
Sat. and Sun. 8 a.m.- 7 p.m. CST

After-hours assistance On-call
pharmacist: (866) 763-2543 On call
administrator (800) 395-2371 Delivery
by Federal Express Mon-Sat. No
delivery on Sunday or holidays Hours
of delivery: 8 a.m. - 8 p.m.
Next day delivery on orders received by
5 p.m. Monday thru Thursday 2nd day
delivery on orders received after 5 p.m.
Next day requests received on Friday
delivered Monday 2nd day requests
received on Friday delivered Tuesday

Medicaid - Pending
Shields
(800) 675-8847

United Healthcare
Edgepark Surgical
(800) 321-0591 Fax:
(330) 425-4355
www.edgepark.com

Buram
(877) 902-9726 Fax: (866)
811-4500
www.buramhealthcare.com

**Walgreens Pharmacies
(Frequently Used)**

12290 S. Pulaski Rd., Alsip 60803
(708) 385-2006
8715 S. Harlem Ave., Bridgeview
(708) 598-2511
5555 W. 79th St., Burbank 60459
(708) 499-3755
3208 W. 111th St., Chicago 60655
(773) 239-2808
6315 S. Kedzie Ave., Chicago 60629
(773) 776-4040
7045 S. Pulaski Rd., Chicago 60629
(773) 735-0337
13501 S. Cicero Ave., Crestwood 60445
(708) 396-1280
7221 Lemont Rd., Downers Grove 60516
(630) 493-1567
3545 W. 95th St., Evergreen Park 60805
(708) 857-7922
7209 W. Lincoln Hwy., Frankfort 60423
(815) 464-8374
7945 W. 95th St. Hickory Hills 60457 (708)
599-5603 – Open 24 Hrs
8800 W. 95th St., Hickory Hills 60457
(708) 598-3271
8701 S. Cicero Ave., Hometown 60456
(708) 423-6430

18300 Governors Hwy, Homewood 60430
(708) 799-8301
3564 Ridge Rd., Lansing 60438
(708) 895-7937
15575 E. 127th St., Lemont 60439
(630) 257-9250
16750 W. 159th St., Lockport 60441
(815) 834-1351
14726 S. Cicero, Midlothian 60445
(708) 687-1604
20002 S. Wolf Rd., Mokena 60448
(708) 478-3244
450 Schoolhouse Rd., New Lenox 60451
(815) 485-7294
466 Nelson Rd., New Lenox 60451
(815) 485-0078 – Open 24 Hrs
5525 W. 159th St., Oak Forest 60452
(708) 535-6018
10639 S. Cicero, Oak Lawn 60453
(708) 424-3594
4740 W. 95th St., Oak Lawn 60453
(708) 425-6960 – Open 24 Hrs
6001 W. 95th St., Oak Lawn 60453
(708) 636-5615
14680 LaGrange Rd., Orland Park 60462
(708) 460-2021 – Open 24 Hrs
11981 W. 143rd St., Orland Park 60467
(708) 403-9221
7960 W. 159th St., Orland Park 60462
(708) 532-7781 – Open 24 Hrs
17955 S. Wolf Rd., Orland Park 60467
(708) 478-3758
13023 S. LaGrange Rd., Palos Park
60464
(708) 361-2291
16675 S. Oak Park Ave.
Tinley Park, IL 60477
(708) 429-0880
7901 W. 171st St., Tinley Park, IL 60477
(708) 429-3324
6430 W. 111th St., Worth, IL 60482
(708) 448-2540

Walt's
(708) 532-5775
16039 S. Harlem, Tinley Park, IL 60477
Fax: (708) 532-7262
Free delivery MWF

Hospitals

Adventist Health
System LaGrange
Hospital 5101 Willow
Springs Rd.
LaGrange, IL 60525
(708) 245-9000

Advocate Good Samaritan Hospital
3815 S. Highland, Downers Grove, IL
60515 (630) 275-5900

Northwestern Medicine
Central DuPage Hospital
25 N. Winfield Rd., Winfield, IL 60190
630-933-1600

Christ Hospital
4440 W. 95th St., Oak Lawn, IL 60453
(708) 684-8000

Edward Hospital
801 S. Washington, Naperville, IL 60540
(630) 527-3000

Elmhurst Memorial Hospital
155 E. Brush Hill Rd., Elmhurst, IL 60126
(630) 833-1400

Hinsdale Hospital
120 N. Oak St., Hinsdale, IL 60521 (630)
856-9000

Holy Cross Hospital
2701 W. 68th St., Chicago, IL 60629
(773) 884-9000

Ingalls Hospital
1 Ingalls Dr., Harvey, IL 60426
(708) 333-2300

Little Company of Mary Hospital
2800 W. 95th St., Evergreen Park 60805
(708) 422-6200

Loyola University Medical Center
2160 S. 1st Ave., Maywood, IL 60153
(708) 216-9000

Mac Neal Hospital
3249 S. Oak Park Ave. Berwyn, IL 60402
(708) 783-9100

Mercy Hospital & Medical Center
2525 S. Michigan Ave., Chicago, IL 60616
(312) 567-2000

Northwestern Memorial Hospital
251 E. Huron St., Chicago, IL 60611
(312) 926-2000

Palos Community Hospital
12251 S. 80th Ave. Palos Heights, IL 60463
(708) 923-4000

Presence St. Joseph Medical Center
333 N. Madison St., Joliet, IL 60435
(815) 725-7133

Silver Cross Hospital
1900 Silver Cross Blvd, New Lenox
IL 60451 (815) 300-1100

Rehabilitation Institute of Chicago
345 E. Superior St., Chicago, IL 60611
(312) 238-1000
(800) 354-7342

Presence Resurrection Medical Center
7435 W. Talcott Ave., Chicago, IL 60631
(773)774-8000

Rush Copley Medical Center
2000 Ogden Ave., Aurora, IL 60504
(866) 426-7539 (630)-978-6200

Rush University Medical Center
1653 W. Congress Parkway
Chicago, IL 60612 (312) 942-5000

Advocate South Suburban
17800 S. Kedzie, Hazelcrest, IL 60429
(708) 799-8000

Metro South Medical Center
12935 S. Gregory, Blue Island, IL 60406
(708) 597-2000

St. James Franciscan Health
1423 Chicago Rd., Chicago Hts., IL 60411
(708) 756-1000

Franciscan St. James Health
20201 S. Crawford Ave.
Olympia Fields, IL 60461
(708) 747-4000

University of Chicago Medicine
5841 S. Maryland, Chicago, IL 60637
(773) 702-1000 or (888) UCH-0200

Nursing Homes ***Contracted with Hospice**

*Alden
16450 S. 97th Ave., Orland Park 60462
(708) 403-6500

*Lemont Rehab
12450 Walker Rd., Lemont, IL60439 (630)
243-0400

*Lexington of Chicago Ridge
10300 Southwest Hwy. Chicago
Ridge, IL 60415 (708) 425-1100

*Lexington of Orland Park
14601 John Humphrey Dr.
Orland Park, IL 60462 (708)
349-8300

*Manor Care - Palos East
7850 W. College Dr. Palos
Heights, IL 60463 (708) 361-
6990

*Manor Care – Palos West
11860 Southwest Hwy.
Palos Heights, IL 60463
(708) 361-4555

*Manor Care - Oak Lawn
6300 W. 95th St., Oak Lawn, IL 60453
(708) 599-8800

*Mother Theresa Home
1270 Main St., Lemont, IL 60439 (630)
257-5801

*Providence Healthcare
13259 S. Central Ave. Palos
Heights, IL 60463 (708) 597-
1000

*The Villa of South Holland
16300 Wausau St. South
Holland, IL 60473 (708)
596-5500

*Park Villa Nursing & Rehab
12550 Ridgeland Ave. Palos
Heights, IL 60463
(708) 597-9300

Home Support Services

CLEANERS

Martin & Son's
(708) 448-7026 6623 W.
111th St., Worth - Pickup &
Delivery

CLEANING SERVICES

Merry Maids
Justice - (708) 839-1777
Wheaton - (630) 562-0600

HOME ASSISTANCE SERVICES

Berwyn Cicero Council on Aging
5817 W. Cermak Rd., Cicero, IL
(800) 252-8966 www.bcco.org

Blue Island Senior Project
13051 S. Greenwood, Blue Island, IL
(708) 396-7085

Bloom Township Senior Citizens (708)
754-9400 www.bloomtownship.org

Catholic Charities
15300 S. Lexington, Harvey, IL
(708) 596-2222 Fax:
(708) 596-6746

In Home Respite DuPage
(630) 784-4875
DuPage DOA (630) 407-6500

PLOWS
7808 W. College Dr., Suite 5E
Palos Heights, IL 60463 (708)
361-0219

Senior Service Center of Will County (815)
740-4225

Aging Care Connections
LaGrange, IL
(708) 354-1323

Stickney Township Office on Aging
(708) 636-8850

HOME REPAIRS

House Doctors
(888) 468-7336

HOME SALON SERVICES

Hairs To You Too
708-636-1344

Mokena Wigs
708-478-3529

LIFELINE

Life Alarm
(800) 780-5433

Palos Community Hospital (708)
923-4041

Phillips Lifeline
(800) 380-3111

LOAN CLOSET

Bloom Township
(708) 754-9400

Chicago
Contact a local church or parish

Frankfort Township (815)
469-4907

Lemont Township
(630) 257-2522 – Senior Center

New Lenox Township
(815) 485-6431

Orland Township - Nurses Closet
(708) 403-4222

Palos Township
(708) 598-2441

St. Barbara's Church
4000 Forest Ave., Brookfield, IL 60513
(708) 295-7336

Worth Township
(708) 371-2900

Lockport Township 815-838-0380

Hospice Resources (Miscellaneous)

Cremation Society of Illinois (800)
622-8358

Trace Ambulance
(708) 532-0088

House Calls DENTISTS

Dr. Loren Feldner PCH Primary
Care Center (708) 349-1515

Dr. Katz
(630) 402-0659

Dr. R. Kruger
(847) 361-0660

Dr. Joseph Ryne
522 Chestnut St., Hinsdale, 60521
(630) 655-3303 Fax: (630)
655-3045

Mobile Dentist (888) 970-
3400

OPTOMETRISTS

Dr. Steven Butzon
DuPage Optical
(630) 279-8866

PODIATRISTS

Dr. Mark Fenlon
Palos Heights - (708) 361-3338

Dr. Ginsberg (847) 239-4756	Alvernia ManorLTC (630) 257-7721 - Lemont, IL	Aperion Care of Oak Lawn.....SNF Oak Lawn, IL (708) 599-6700
Dr. Daniel Helmer Joliet - (815) 744-2107 Fax: (815) 744-6338	AldenSNF (708) 403-6500 - Orland Park, IL	Frankfort TerraceLTC Frankfort, IL (815) 469-3156
Dr. Lila Mancini Lemont - (630) 257-9000	Arden Courts Palos Heights, ILALZ; LTC (708) 361-8070	Franciscan VillageIL; AL; SNF Lemont, IL (630) 243-3500
Dr. Mark Sedory LaGrange - (708) 352-5121	Citadel Hazel Crest, ILALZ; LTC (708) 799-7099	Heritage WoodsAL Bolingbrook, IL (630) 783-9640
Dr. Wayne Tillman Palos Park - (708) 974-3338 Orland Park - (708) 364-3237	South Holland, ILALZ; LTC (708) 895-1600	Holy Family VillaLTC Lemont, IL (630) 257-2291

Housing

Community & Economic Development
Association of Cook County (CEDA)
(312) 782-2332 www.cedaorg.net

Chicago Housing Authority
60 E. Van Buren, Chicago, IL
(312) 742-8500
www.thecha.org

Housing Helpline
(800) 843-6154
www.dhs.state.il.us

Illinois Department of Human Services
Calumet Park - (60827-60655)
(773) 660-4700

Respond Now
1439 Emerald, Chicago Heights, IL
(708) 755-4357 Emergency help for
family problems relating to food, clothing
and shelter. Free
legal info and counseling. No fee
www.respondnow.org

Salvation Army Housing, financial
and food/nutrition
(773) 838-8005
300 Third Ave., Joliet, IL
(815) 726-4834

SENIOR LIVING FACILITIES

ALZ - Alzheimer's Care
AL - Assisted
Living IL - Independent
Living
LTC - Long Term Care
SNF - Skilled Nursing Facility

Bridgeview Health Care Ctr.LTC; SNF Bridgeview, IL (708) 594-5440	HorizonIL Oak Forest, IL (708) 687-7396
Brookdale (Sunrise) Orland Park, ILAL; ALZ (708) 403-2001	Pinecrest HealthcareSNF Hazel Crest, IL (708) 335-2400
American House CedarlakeIL 14800 S. Van Dyke Rd. Plainfield, IL 60544 (815) 254-3564	Brentwood Healthcare.SNF Burbank, IL (708) 423-1200
Sunrise Naperville, ILAL; ALZ (630) 579-1400 Palos Park, ILAL; ALZ (708) 361-3577 Willowbrook, ILAL; ALZ (630) 734-9954	Lemont Nursing &ALZ; SNF; LTC Rehabilitation Lemont, IL (630) 243-0400
British HomeAL; SNF Brookfield, IL (708) 485-1155	LexingtonSNF Chicago Ridge, IL (708) 425-1100 Orland Park, ILSNF (708) 349-8300
Midway Neurological Nursing & Rehab .SNF Bridgeview, IL (708) 598-2605	Rock Run Place EnlivantAL; ALZ Joliet, IL (815) 729-4773
Chicago RidgeSNF Nursing Center Chicago Ridge, IL (708) 448-1540	Manor CareALZ; SNF Hinsdale, IL (630) 325-9630 Homewood, ILALZ; SNF (708) 799-0244 Naperville, ILALZ; SNF (630) 355-4111 Oak Lawn, ILSNF 95th Kostner 708-423-7882 Oak Lawn, ILALZ; SNF 6300 W. 95th St. (708) 599-8800 Palos Heights, IL EastALZ; SNF 7850 College Dr. (708) 361-6990
Symphony of CrestwoodLTC; SNF Crestwood, IL (708) 371-0400	
Crestwood TerraceLTC Midlothian, IL (708) 597-5251	

Palos Heights, IL WestSNF
11860 Southwest Hwy
(708) 361-4555
South Holland, ILALZ;
SNF
(708) 895-3255
Westmont, ILALZ;
SNF (630) 323-4400

Manteno Veterans HomeSNF;
LTC
Manteno, IL
(815) 468-6581

Marian VillageIL;
AL
Homer Glen, IL
(708) 226-3780

South SuburbanSNF
Rehabilitation
Homewood, IL
(708) 957-9200

Moraine Court.IL
Bridgeview, IL
(708) 594-2700

Mother Theresa HomeLTC
Lemont, IL
(630) 243-3400

Our Lady of AngelsLT
Joliet, IL
(815) 725-6631

Bria Health Services.SNF; LTC
Palos Hills, IL
(708) 598-3460

Peace VillageIL;
AL
Palos Park, IL
(708) 361-6091

Plymouth PlaceIL; AL;
LTC
LaGrange, IL
(708) 354-0340

Providence Life ServicesSNF; ALS
Tinley Park, IL
(708) 342-8100

Villa at South Holland... .SNF; LTC; ALZ
South Holland, IL
(708) 596-5500

Park Villa Nursing &SNF; LTC
Rehabilitation
(708) 597-9300

Rosary Hill Home Intermediate
Justice, IL
(708) 458-3040

Salem VillageSNF
Joliet, IL
(815) 727-5451

Smith CrossingAL; IL
1501 Emily Lane
Orland Park, IL (708)
226-1800

St. James ManorAL; ALZ; SNF
Crete, IL
(708) 672-6700

The BirchesIL; AL; ALZ
Clarendon Hills, IL
(630) 789-1135

The Pointe at KilpatrickAL
Crestwood, IL
(708) 293-0010

The TimbersAL
Shorewood, IL
(815) 609-0669

Tinley Court Tinley
Park, IL
(708) 532-7800

Victorian VillageIL; AL; ALZ
Homer Glen, IL (708)
301-0800

Village WoodsIL; AL
Crete, IL
(708) 672-6111

Joshua Arms of Lssi
Joliet, IL 60433 (815)
727-6401

St. Peter Claver Court
14115 S. Claire Blvd
Robbins, IL 60472 (708)
389-1570

Shady Oaks West
16220 Parker Rd
Homer Glen, IL 60491 (708)
301-0571

Shady Oaks East
16240 Parker Rd
Homer Glen, IL 60491 (708)
301-6870

Marycrest Village Apartments
2115 Marmion Ave. Joliet, IL
60436 (815) 744-7810

Bria of Forest Edge
8001 S. Western Ave.
Chicago, IL 60620
(773) 436-6600

Frankfort Terrace
40 N. Smith St.
Frankfort, IL 60423
(815) 469-3156

Lutheran Social Service of Illinois Housing
Buford Walker Senior Housing
Lansing, IL 60438 (708)
895-6661

Our Saviors Senior Housing
Dolton, IL 60419 (708)
841-8476

Pheasant Ridge Hunter's
Apartments 9208 Hunter Dr.
Orland Hills, IL (708) 460-
3880

Ridge Garden Apartments
10010 Sayre
Chicago Ridge, IL 60415
(708) 636-5191

SUBSIDIZED HOUSING

Bremetowne Manor 16130
Oak Park Ave Tinley Park, IL
60477 (708) 429- 4088

Cedar Ridge Apartments
950 Cedar Ridge Lane
Richton Park II
(708) 748- 1976

Edinbridge
18134 S. 66th Court Tinley
Park, IL 60477 (708) 429-0630

Housing Authority of Cook County
Edward B. Brown Apartments 3210
W. 139th St. Robbins, IL
(708) 388-3892

Garden House of Park Forest
69 Park Ave., Park Forest, IL
(708) 747-6460

Insurance

IDFPR Division of Insurance Health
insurance and HMO inquiries
Office of Consumer Health Insurance
(877) 527-9431
Senior Health Insurance Program
(800) 548-9034
Consumer Assist Hotline
(866) 445-5364

Chicago Office
(312) 814-2420

Centers for Medicare &
Medicaid Services Chicago
Regional Office (312) 886-
6432

Medicare
(800) 633-4227

IV/ Infusion Vendors

Apria Health Care
888-492-7742
Fax: 888-492-0010
(708) 597-7079 - Crestwood branch
(630) 369-2273 - Naperville branch
www.apria.com

Coram 800-520-7785
(847) 553-2500 Fax:
(847) 553-2585
www.coramhealthcare.com

DependiCare/Ultra Care (800)
222-9444
www.airproductshealthcare.com

Heartland (HHI) Infusion Services
(630) 986-4390
(877) 448-3627
Fax: (630) 734-
7597

Optioncare/Walgreens
(800) 551-9355
Fax: (630) 616-8468
Fax lab results to: 847-589-1067

Optioncare
(800) 222-9444
Fax: 630-616-8468

Lincare
(800) 323-2828
Fax: 630-850-7402

Labs & Diagnostic Services

Central Clinical Labs
7101 W. Archer Ave.
(773) 788-9234
(773) 788-1577
Fax: (773) 788-1579
7101 W. Archer Ave.

Evergreen/Sheridan
Evergreen Park
(708) 423-2660
Fax: (708) 423-1960

Excell
(630) 762-8863 Fax:
(630) 762-8864

Medical Diagnostic
X-Ray's at home
(847) 626-0800 Fax:
(847) 626-0817

Oak Crest Lab Services
Oak Lawn
(708) 425-5359
Fax: (708) 910-2070

Legal Assistance

Illinois Legal Aid
www.illinoislegalaid.org

Legal Assistance Foundation of Chicago
312-341-1070 Cook County only
www.lafchicago.org

ProBono Center for Disability &
Elder Law - Chicago, IL 60611
(312) 376-1880 www.probonocdel.org

Nutrition FOOD PANTRIES

Greater Chicago Food Depository (773)
247-3663 - Chicago

Loaves & Fishes Community Pantry
Naperville
(630) 355-3663

Northern Illinois Food Bank
(630) 443-6910 - Serving 13 counties in
Illinois

Oak Lawn Presbyterian Church
7900 Oketo Dr, Bridgeview
Tuesdays and Wednesdays
(708) 599-4025

Operating Blessing
4330 Midlothian Turnpike, Midlothian
Wednesdays 1-3 p.m. (708) 597-6326

St. Paul Lutheran Church
4660 W. 94th, Oak Lawn
1st and 3rd Wednesdays of the month
(708) 423-1040 Fax:
(708) 423-1588
www.stpauloaklawn.org

Together We Can Cope
17010 Oak Park Ave., Tinley Park
Serving: Bremen, Orland, Palos and
Worth Townships
(708) 633-5040 Fax: (708)
633-8459
www.togetherwecancope.org

Thornton Township (708)
596-4770
Mon. and Fri.: 10 a.m.-noon & 1-3 p.m.
Wednesdays: 10 a.m.-noon & 4:30-6 p.m.

GROCERY DELIVERY

Freshline Foods – WThF – delivery charge
5355 W. 95th St., Oak Lawn, IL
(708) 425-0556

Peapod
(800) 573-2763

Pic'n'Del www.picndel.com

HOME DELIVERED MEALS

Berwyn Cicero Council on Aging
(708) 447-2448

Josephine Argento Senior Center
Calumet City
(708) 832-1208

Mac Neal Hospital
Berwyn
(708) 783-9100

Palos Community Hospital
Palos Heights
(708) 923-4040

Plows Council on Aging (708)
361-0219

Seattle Sutton
(800) 442-3438

South Suburban Senior Services of
Catholic Charities - Harvey (708)
596-2222

Southwest Suburban Center on Aging
LaGrange (708) 354-1323
Boundaries: South - 87th St.
North - Roosevelt Rd.
West - County Line Rd.
East - Harlem Ave.

Private Duty

Palos Community Hospital Private Duty
15295 E. 127th St. Lemont, IL 60439
(630) 257-1111

Ashley's Quality Care, Inc.
1727 S. Indiana Ave., Ste. GO3
Chicago, IL 60616 (312)
786-9297

Emily Agency Palos
Heights, IL (708)
671-9565

European Service at
Home 847-202-1249
Chicago and suburbs

First Time Home Care
(773) 625-8365 Chicago
and suburbs

Friendly Domestic, Chicago (773)
545-7776

Home Instead
(708) 671-2648

Homeward Bound, Inc. (773) 777-
2273
4801 W. Peterson - Ste. 505 Chicago, IL

Irene's International (773) 631-
8878

Life Sytle Options
(888) 342-4636
(708) 448-8380 RNs & LPNs

Polonia, Chicago (773) 777-
1121

Ma Dear Home Services 773-373-
4663

Providence
Tinley Park, IL
800-509-2800

Shay Health Care (708) 535-
4300

St. Rita's (708) 614-
1878

Theresa's Polish-American Emp.
(773) 545-2600
Chicago, suburbs and Indiana
Unlimited
(773) 725-7881

Visiting Angels (708) 226-1028

Wisdom Eldercare, Inc.
630-530-2868

Polish American Association
773-282-8206

Security

Securalex (800) 465-0544, ext. 6 -
Dispatch

Support Groups

DISEASE SPECIFIC SUPPORT GROUPS

AIDS

Howard Brown Health Services
Chicago, IL 60613 (773)
388-1600 Closed
Sundays

Addiction

Alcoholics Anonymous
Chicago, IL 60601 (312)
346-1475
www.chicagoaa.org

Alzheimer's

Alzheimer's Association of Greater Illinois
(800) 272-3900 www.alz.org

Arden Courts 7880 W.
College Dr. Palos Heights,
IL 60463
(708) 361-8070 3rd
Tuesday - 7 p.m.

Berwyn/Cicero - 24 Hrs
Mac Neal Hospital/North Bldg.
1st floor conference
3249 S. Oak Park Ave. 708-
783-9100

Chicago - Downtown Northwestern
Memorial Hospital Feinberg Bldg.
251 E. Huron, 3rd floor
1st Monday - 6:30 p.m.
312-926-2000

Clarendon Hills

The Birches
215 55th St.
3rd Wednesday - 6 p.m. 630-789-1135

Crest Hill The Inn at

Willow Falls 1681
Willow Circle Dr.
2nd Wednesday - 1 p.m. 815-725-5868

Crestwood Symphony

of Crestwood 14255 S.
Cicero Ave. 2nd
Tuesday - 2 p.m. 708-
371-0400

Glen Ellyn

Arden Courts 2 S.
706 Park Blvd.
2nd Thursday - 7p.m. 708-469-5500

Homewood

Independent Days Adult Day Center 1941
Ridge Rd.
2nd Tuesday - 7 p.m. 708-206-1430

La Grange Adventist Amita Health

Medical Center 5101 S. Willow Springs
Rd. 1st Tuesday - 7 p.m. 708-245-9000

La Grange Aging Care Connection

111 West Harris Ave. 1st Friday - 1
p.m. 708-354-1323

Lombard

Beacon Hill 2400 S.
Finley Rd.
3rd Thursday - 6:15 p.m. 630-620-5850

Naperville St. Patrick's

Residence 1400
Brookdale Rd.
2nd Wednesday - 2 p.m. 630-416-6565

Oak Brook

Christ Church of Oak Brook
31st St. & York Rd., Room 264 Last
Wednesday - 2 p.m. 630-654-1882

Tinley Park

Faith Christian Reformed Church 8383
W. 171st St.
2nd Thursday - 7 p.m. 708-532-8300

Wheaton DuPage Convalescent Center

400 N. County Farm Rd.
3rd Wednesday - 11:30 a.m.
American Council of the Blind 630-665-
6400 www.acb.org

American Cancer Society
(800) 227-2345 (708) 633-7770
www.cancer.org

American Diabetes Association
(312) 346-1805, 1-800-342-2383
www.diabetes.org

Arthritis Foundation 312-372-2081
www.arthritis.org

Cancer

American Cancer Society (800) 227-2345

Cancer Care
(800) 813-HOPE (4673)

Cancer Hope Network (877) 467-3638

Cancer Information (800) 4-cancer

Cancer Support Center
19657 Lagrange Rd
Mokena, IL 60448 (708) 478-3529

Gildas Club
(312) 464-9900

Jennifer S. Fallick Cancer Support
Center Homewood: (708) 798-9171
Mokena: (708) 478-3529

Wellness House
Hinsdale (630) 323-5150

Y-ME
(800) 22-2141
(312) 364-9071

Diabetes

Cook County

Oak Park Hospital
"The Diabetes Education
Program At The Center for
Healthy Living" 520 S. Maple
Ave. Oak Park, IL 60304 (708)
660-5900

Palos Community Hospital
"The Outpatient Diabetes
Education Program" 12251 S.
80th Ave. Palos Heights, IL
60463 (708) 923-4330

DuPage County

Edward Hospital
"The Edward Center for Diabetes
Education"
1331 W. 75th St., Ste. 201
Naperville, IL 60540
(630) 527-3213

Heart Disease

American Heart Association
Chicago, IL
(312) 346-4675

Illinois Heart Disease & Stroke
Prevention Program
Springfield, IL
(217) 782-3300

Lung Disease

American Lung Association
Chicago - (312) 781-1100

Multiple Sclerosis

www.msworld.org
On-line support and information about living
with MS. MS world is managed by people
with MS for people with MS. Offers chat,
message boards, a resource center and on-
line magazine.

National MS Society
Greater Chicago Chapter (312)
421-4500 www.msillinois.org

South Cook Self-Help Group
www.southcookms.org

Parkinson's Disease

National Parkinson's Disease Foundation
(800) 327-4545 www.parkinson.org

National Spinal Cord Injury Hotline
(800) 962-9629
www.spinalcord.org

ILLINOIS STATE, LOCAL AND COUNTY SERVICES

AI-Anon
(888) 425-2666

DCFS/Child Abuse
(800) 252-2873

Domestic Violence (800)
799-7233

Adult Protective Services - Over 60
years of age (866) 800-1409 (800)
252-8966

Adult Protective Services - Under 60
years of age (18-59 yrs old) (800) 252-
8966

Elder Care Locator (Information and
referral for long distance caregivers)
(800) 677-1116

Energy Assistance Program
877-411-9276

Hearing Impaired Services
Jacksonville Community Center
For the Deaf
(800) 468-9211
www.JCCD.US

Illinois
Department of
Aging (800) 252-
8966

Illinois Department of Healthcare & Family
Services
(Formerly Department of Public Aid)
(800) 447-4278

Illinois Department of Public Health
Complaint Registry
(800) 252-4343

Illinois Department of Rehab Services
(DORS)
(800) 843-6154

Illinois Department of Revenue
Property tax, homestead and pension
exemptions (800) 732-8866

Illinois Department of Veteran Affairs
(800) 437-9824

Literacy Programs/Secretary of State (800)
665-5576

Learning (Adult) Hotline (800)
321-9511

Orland Township General assistance
(provides financial assistance and
resources until other sources of
income are obtained).
(708) 403-4222

Social Security
(800) 772-1213
www.ssa.gov

South Suburban Family Shelter
(708) 798-7737 www.ssfs1.org

U.S. Department of Veteran Affairs
(800) 827-1000 www.va.gov

Veteran Services
Clinics: (708) 499-3675 - Oak Lawn

VA Assisted Living
Jim Carthorn
(847) 217-8769
(800) 850-5504

Will County Department of Aging (815)
740-4225 www.willcountyseniors.org

Translators

Chicago Hearing Society
Voicemail (773) 248-9121 TTY
(773) 248-9174

Language Line
(877) 886-3885

Transportation AMBULANCE

Superior Ambulance Service 395
W. Lake St. Elmhurst, IL 60126
(630) 832-2012 (800)
832-2000
Services: IL, IN, MI ALS, BLS, medi-
cars, courtesy vans
www.superiorambulance.com

Trace Ambulance Service
8400 W. 183rd St. Tinley
Park, IL 60477
(708) 532-0088 Fax: (708)
633-1622
www.traceambulance.com

Vandenberg Ambulance 8400 W.
183rd St. Tinley Park, IL 60477 (877)
472-5522
www.vandenbergambulance.com

MEDICAR

SCR Medical Transportation
8801 S. Greenwood
Chicago, IL 60619
(773) 768-7000 Fax:
(773) 768-7093
www.goscr.com

TOWNSHIPS TRANSPORTATION

Bremen Township Senior Citizens 15350
Oak Park Ave., Oak Forest (708) 687-8220

Calumet Senior Citizen Center Calumet
Park, IL
(708) 388-6606 \$2 a ride

Chicago Ridge Senior Bus
Shuttle service
(708) 425-7700

Crestwood Must live in
Crestwood (708) 371-4800

Evergreen Park Village Office of
Citizens Services (708) 422-8776
Frankfort Township
(815) 469-4907 Lemont
Township
(630) 257-6787

Lyons Township Senior Transportation
(708) 354-0292

Oak Forest Senior Bus (708) 473-2925

Oak Lawn Senior Bus
(708) 499-7090

Orland Park Township Senior Citizen (708) 403-4222
\$2 fee - one way in Orland Township
\$4 fee - one way outside Orland Township

Pace Dial-A-Ride Will County
(800) 244-4410

Palos Township (708) 598-4418
(708) 598-4473

Palos Bus
(708) 430-3822

PLOWS (708) 361-0219

Public Aid
1st Transit
(877) 725-0569

South Suburban Senior Services
(Catholic Charities), Harvey (708) 596-2222

Southwest Suburban Center on Aging (708) 354-1323

Steger Village
(708) 754-3395

Stickney Township (708) 636-8850

Tinley Park Senior Bus
(Local only)
(708) 532-7433

Thornton Township Senior Bus
(708) 339-9980

Will County Senior Services (815) 723-9713

Worth Township
(708) 371-2900

Utility Assistance

CEDA – Energy Assistance Hotline
(800) 571-2332
Homebound
(312) 795-3106

Citizens Utility Board (CUB)
(800) 669-5556
Represents the interest of residential utility customers –
electric, natural gas, and telecommunications.

Commonwealth Edison (800) 334-7661

LI-Heap
(Low Income Home Energy Assistance
Program)
(800) 252-8643

Northern Illinois Gas (888) 642-6748

Peoples Gas Chicago (866) 556-6001
Suburbs (866) 556-6004